

## WESTCHASE COLTS



## READY TO TAKE IT TO THE NEXT LEVEL? COLTS ELITE SUMMER CAMP

- Instructors are current and former College, All-Star, and Rec Cheerleaders!
- <u>Technique for Motions and Jumps</u>
  - Sticking or Punching motions not just throwing them



- Conditioning and Stretching specifically for Jumps
- From Beginner to Advanced; Everyone will learn them all
- <u>Technique for Stunts</u>
  - We will teach both Flyers and Bases independently
  - o Basic, Advanced, and Visual stunts will be perfected
- Tumbling
  - Beginner to Advanced Tumbling!
  - We will teach you the technique to bring you to the next level!
- Dance, Chant, and Competition Cheer!

## 2 Weeks to Choose From!

June: 06/21 – 06/25

July: 07/12 - 07/16

Time: 9:00AM - 3:00PM





Xcel 360 Gym

Location:

1023 Gunn Highway, Odessa, FL 33556

**Price:** ONLY \$125

**Bring Lunch** 

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